

Weekly Poll

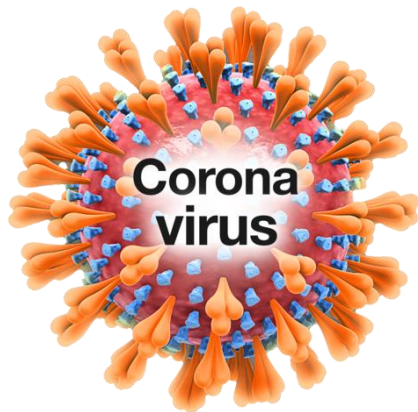


Easy Read



Week beginning 27 July 2020



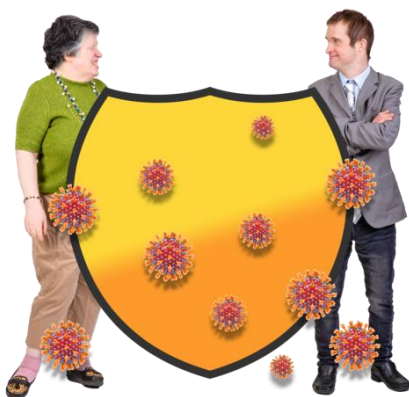


We want to know how the coronavirus has changed disabled people's lives.



To find out, we are asking questions every week and collecting the answers.

These questions are called a poll.



This week's poll is about people who are shielding.

Shielding means staying at home, away from other people to avoid getting the virus and becoming seriously ill.





In Scotland, about 180 thousand people have been shielding during COVID-19.

From 1 August, these people can stop shielding.



As well as this, **from 24 July** people who were shielding can do things like:



- meet other people indoors, staying 2 metres apart
- meet other people outside, staying 2 metres apart
- use public transport with a face covering



- go to pubs and restaurants with outdoor spaces
- use childcare providers (but not for children who are shielding)



For information about being exempt from wearing face coverings, click [here](#).



From 1 August, people who were shielding can go into these places:



- shops, chemists, indoor markets
- hairdressers, barbers



- museums, galleries, libraries, cinemas



The Scottish Government have already said that people who were shielding can:

- stop staying apart from other people in their house
- use toilets in other people's homes and let them use theirs
- travel as far as they want



- book all types of holiday accommodation, visit a second home, holiday with another household
- visit public gardens



We want to find out how you feel about stopping shielding.

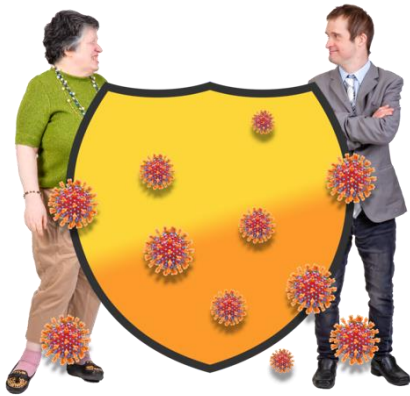
We want to know if you feel confident about getting out and about.



If you are working, we want to know if there is enough support to help you get back to work.

We also want to know if you are worried about hate crime due to your disability.

Our questions this week are:



1. Have you been shielding?



YES, I have been shielding.



or **NO, I haven't been shielding.**



2. Do you think there is enough information to help guide people as they stop shielding?



YES, I think there is enough information.



or NO, I don't think there is enough information.



To answer this, click [here](#)



Or you can reply to this email by clicking the 'reply' button.



Thank you for answering our questions.
Your answers help us to make things
better.