

Welcome to our winter newsletter brought to you quarterly by the SABIN team

North of Scotland Trauma Event

The North of Scotland Trauma event took place on 2nd October, with the Cabinet Secretary Ms Jeane Freeman and Lewis Macdonald MSP commending the work of the network 12 months on, following the launch of the network and MTC opening in 2018. Colleagues from Care of Burns in Scotland and the Child Brain Injury Trust ran workshops, and it was great to see the focus given to head injury rehabilitation.

The journey of a patient—from hearing a recording of the pre-hospital 999 call, to gaining an update from every stage of care from the clinicians involved, and video clips from the patient and his partner was particularly effective demonstrating the excellent work of the NHS.



Global Neuro Course—Neurotrauma

November 6-7, 2019 | Edinburgh, UK

The **Scottish Acquired Brain Injury Network** have provided **free places** at the Global Neuro course to medical trainees in Scotland. Places were selected at random ... A great opportunity for our trainees!

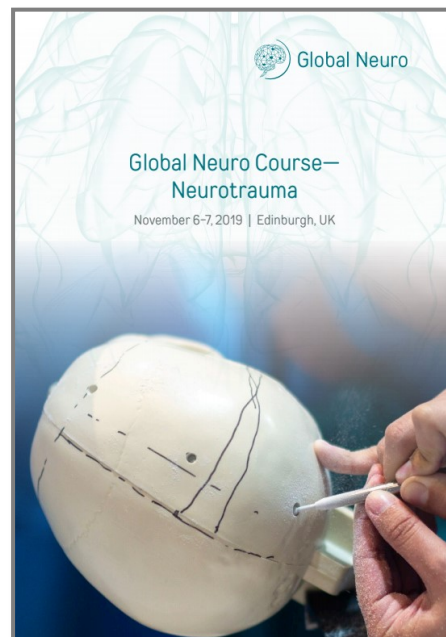
The course has been developed for surgeons who manage neurotrauma and reconstruction and who have a strong interest in these fields. It has a focus on interdisciplinary care.

[Click Here](#) for the Programme and Registration

Event venue:
Double Tree by Hilton Edinburgh City Centre
34 Bread Street
Edinburgh EH3 9AF

Registration fee:
EUR 475 -
10% discount for residents
10% discount for EANS-Members
20% discount for students

Accreditation: an application has been made to the UEMS—EACCME® in Brussels for CME accreditation of this event.



SABIN Spotlight

Louisa Mackenzie, Outreach Charge Nurse, The Robert Fergusson Unit, Royal Edinburgh Hospital

I have been doing outreach work for the last eight years and it recently became a full time post. The main role of the outreach service is to support the discharge of patients from the Robert Fergusson Unit and to try to ensure a smooth transition back to the community. My role includes providing training and support to the new care team. I teach them how to provide the best possible support to the individual. Carers are encouraged to come to the Robert Fergusson Unit and shadow staff in order to learn all about the individual, about their likes and dislikes and how to safely carry out activities of daily living. I teach them about potential triggers for behavioural outbursts and strategies to manage the behaviour (i.e. what helps to calm them down and make them feel safe). Providing consistency is vital in the individual's ongoing care. I support the individual to spend increasing amounts of time in their new setting in advance of discharge.



I continue to provide follow up after discharge over a number of weeks and sometimes months in order to support the new care team. The individual can be referred to the outreach service if their behaviour deteriorates at some point in the future. We will work with the care team to problem solve and provide

As highlighted in the most recent Mental Welfare Commission report for our service, the other part of my role is to provide education and training to staff on Acquired Brain Injury, focusing on understanding and managing behavioural difficulties. Training can be provided to a range of services including care homes, community care teams, voluntary sector agencies etc. We can deliver the training anywhere in the community. If you think that your service would benefit from this type of training then please contact Dr Lorna Langrell or Louisa MacKenzie on 0131 441 8636 or email lorna.langrell@nhslothian.scot.nhs.uk or louisa.mackenzie@nhslothian.scot.nhs.uk

Kelly Maxwell-Brown, Data Analyst - Information Management



I have recently joined NSD as a Data Analyst in the Information Management Service team in Meridian Court, having made the move from the Information Services Division of NSS.

My first projects for SABIN have been translating the Rehab Centre Survey on to Lime Survey, and looking in to which patient injury codes we would like to request data on from ISD – both of these drafts will be circulated to colleagues for comment in due course.

I am excited to be taking on my new role, and I look forward to engaging with my SABIN colleagues and supporting the data needs of the network.

You can reach me at kelly.maxwell-brown@nhs.net

Top Marks for Edinburgh Headway Group

Edinburgh Headway Group is absolutely thrilled and extremely proud to announce that their Rehabilitation Day Service achieved the excellent ratings from the Care Inspectorate in relation to the following key areas, inspected in August 2019:

- People Get the most out of life
Grade 6 Excellent
- People's health benefits from the care and support
Grade 6 Excellent
- People experience compassion, dignity and respect
Grade 5 Very Good
- Assessment and care planning reflects people's needs and wishes
Grade 4 Good



"We evaluated that the [Edinburgh Headway Group] was excellent in how they supported people to get the most out of life. We evaluated that the service was excellent in how people's health benefits from the care and support provided. People commented positively they were improving their health conditions, including their physical abilities, confidence, mental wellbeing and memory".

Care Inspectorate Officer

These ratings are testament to the hard work that our staff and volunteers offer day in and day out to ensure excellent quality support is provided to our members and their families. It is fantastic to have received such high recognition from the Care Inspectorate and I am very proud of the team.

Michelle Keenan

Chief Executive Officer

Here's what service users said about the service:

"I feel very safe, it's run very professionally".

"The staff are first class and take time to listen to me and understand my needs".

"Edinburgh Headway Group has given me the confidence to go out other days".

"I'm working towards getting on my feet again and have really grown in confidence".

"They give my loved one time to process his thoughts".

"Edinburgh Headway Group has saved my life on more than one occasion".

More detail on the work Edinburgh Headway group do can be found here: <http://www.edinburghheadway.org.uk/about.php>

President Elect



Congratulations to our SABIN Lead Clinician Mr Andreas Demetriades who has been elected as President Elect for the European Association of Neurosurgical Societies (EANS). He will hold this post for the next two years and will take over as president in 2021. More information on EANS [can be found here](#).



What's Happening in our Working Groups?

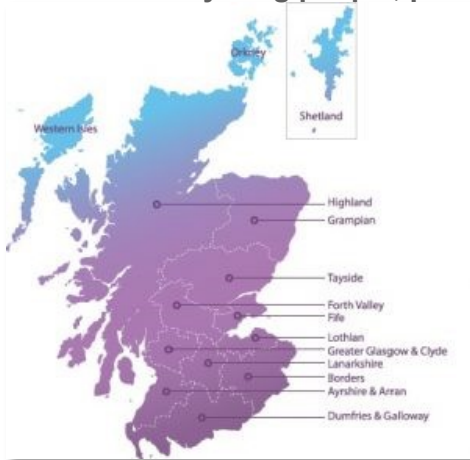
Data Collection

We have spent time over the last period setting up regular meetings with the [Managed Service Network for Neurosurgery \(MSN\)](#). Discussion is underway as to how this collaboration will increase our access to quality data, as well as any opportunities to share resources when providing educational events, and when producing documentation for clinicians. We look forward to updating you as this progresses!



Children and Young People

The network will be adding more details of ABI services for children and young people to its website. This work is scheduled for 2020 and we'll let you know when it is complete. We are also working on a national concussion support leaflet, and were pleased to learn about the new Brain Injury Information Card for young people, provided by CBIT



Communication and Engagement

Lots of work has been done mapping services across Scotland and the document is now in the review and distribution planning stage.

The [SABIN Website](#) has also been updated with key contact details for units within each board which would care for people with a brain injury, plus third sector services. Please have a look, and as always we would welcome any feedback you may have via the SABIN Mailbox nss.SABIN@NHS.net.

SABIN Commissioning

SABIN's future had been under review over the past year in order to establish its position in relation to ongoing service improvements throughout trauma care in Scotland. Following this review we are now pleased to announce that the SABIN network has been successful in demonstrating its worth alongside the Scottish Trauma Network, and will now return to standard commissioning processes.

The review group noted that SABIN's work was increasingly recognised both in Scotland and the UK, further clarifying the need for the network to continue delivering specific improvements for individuals with traumatic brain injury in Scotland and their carers and families. We are delighted to have the opportunity to continue working with all our colleagues and partners throughout Scotland.



Call for Assistance!

If you have experience in Acute care and would be interested in supporting a page on our educational website on the Acute management of ABI please contact the [SABIN mailbox](#) for more information. Thank you for assisting with the ongoing development of the website.

The SABIN Educational Website can be found here: <https://www.acquiredbraininjury-education.scot.nhs.uk/>

