

Tak' Heid

EdinburghHeadwayGroup
December 2018



WISHING YOU A MERRY CHRISTMAS AND A HAPPY NEW YEAR

“On behalf of myself and our trustees, may I take this opportunity to thank all the wonderful people that have contributed to Edinburgh Headway Group during 2018 – after a year of much change, we are looking forward to celebrating our first Christmas in our new premises!!

To all of our generous donors and our wonderful volunteers, thank you so much for your continued support, ideas and contributions. So much of what we achieve is as a direct result of your amazing efforts and devotion to our work.

To our staff, thank you for your dedication, skill and commitment in making Edinburgh Headway Group the dynamic and respected organisation it is today, you are all stars!

To our members, thank you for your continued support. We exist to help you - our members and your families - to grow, evolve, and focus on continuous improvement.

I wish you and your families a very merry Christmas and a happy new year!

Michelle Keenan, Chief Executive

Edinburgh Headway Group AGM and Christmas Party Thursday 13th December

Following on from recent correspondence to all our supporters and members inviting them to join us at the AGM next week, a reminder to all those attending that the meeting will start at 10.15am and formal business will be concluded by 11.00am. We would be very grateful if you could let us know if you are planning to attend the meeting and thanks to everyone who has already done so.

Once the formal business of the day is done, our **Christmas party** will begin!!

This year, in order that we can safely manage our new space and the number of people in it, we have begun issuing tickets to everyone who will be attending the party. May we politely remind those attending the AGM that if you have not booked a place at the party, we must ask you to leave once the meeting has finished. Thank you.

We are really looking forward to hosting another great party and our members, carers and volunteers can look forward to some wonderful festive entertainment, games, party food and we hope, a visit from the guy in the red suit!!!!.... and it will be the perfect setting to wish gym supervisor Mark farewell as he moves on to pastures new.



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DATES FOR YOUR DIARY

Book your place at the Headway Christmas Party!!

Christmas Party - Thursday 13th December at Peffer Place, 11.30 am – 3pm

All members, volunteers and carers are warmly invited to join us for our Christmas Party.



We will be hosting a raffle so donations will be gratefully received (no alcohol please) and please bring along a small gift for 'Secret Santa' labelled male or female.

IMPORTANT NOTE – Places are limited and will fill up fast so please it is very important that you confirm your attendance. This event will be ticketed – there is no charge for the tickets.

Christmas raffle tickets for sale

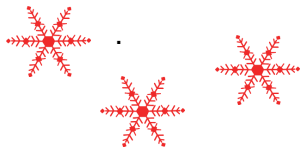


Tickets for our fabulous Christmas raffle are now for sale! Once again, we have received an array of very kind donations so there are lots of opportunities to win some super prizes!



*Charlie Miller hair voucher Gordon Wilson hairdressing voucher
£50 Sainsbury's voucher Box of fudge from fudge house £20 voucher for Whittards tea shop
Christmas hampers Shortbread Sweets galore Spa sets and many more!*

If you would like to be in with a chance of winning and help support our charity, then please pop into **Edinburgh Headway Group**, Unit 4/27 Peffer Place, and purchase some raffle tickets. Tickets are priced at £2 per strip and are available for sale from now **until 12pm on Thursday 13th December.**



Christmas Holiday Dates

The last day of the day service is Thursday 20th December.

The day service will re-open for members on Monday 7th January 2019.



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News and Events for Carers

Carers' Christmas Markets & Afternoon Tea - Monday 17th December 2018

Come along and enjoy a browse round the Christmas Markets in Princes Street Gardens and then escape the crowds and relax with a lovely afternoon tea at the Mercure Hotel, Princes Street.

Meeting at the bottom of Cockburn Street, Edinburgh on Monday 17th December 2018 at 12.15pm.

Afternoon tea will be at 1.30pm and will finish around 2.30-3.00pm.

This will be a great chance to take some time to enjoy meeting others in a similar situation and fit in some 'last minute' Christmas shopping!

If you would like to come along, please contact Ashley McQueen to book your place on 0131 370 0393 or email carers@edinburghheadway.org.uk

This event is supported by the City of Edinburgh Council and is open to unpaid carers of anyone who has had an ABI and resident within City of Edinburgh.



Useful Numbers

NHS 24: Non-emergencies dial 111 (or contact GP)

Police Scotland: Non-emergencies dial 101

For Emergencies (ambulance, fire and police) dial 999

If you Smell Gas: 0800 111 999

Electricity Power Cuts: 105

Call **105** to report a power cut. Calling 105 is a free-of-charge call from any network.

Scottish Water

Customer Helpline - 0800 0778 778

Accident & Emergency Departments (A&E):

- Aged 13 & over Royal Infirmary of Edinburgh: 0131 536 1000
- Under 13 years Royal Hospital for Sick Children: 0131 536 0000
- All ages A&E Department, St John's Hospital, Livingston: 01506 532000

Social Work Emergency Service

- Edinburgh, East and Midlothian: 0800 731 6969
- West Lothian: 01506 281028 or 01506 281 029

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A reminder.....complimentary tickets available!

Edinburgh's Christmas – Silent Light

'*Silent Light*' is Edinburgh's Christmas exciting new event for 2018. Fusing the stunning hit of Edinburgh's Christmas 2016, *Street of Light* with a silent disco, '*Silent Light*' is located on George Street and is a festivity like no other! Dance and sing underneath an architectural installation of archways festooned with tens of thousands of lightbulbs synchronised to the music! With a rich playlist of first-class tunes, *Silent Light* is perfect Christmas entertainment.

Our charity has been offered some free tickets which our members, volunteers, carers and families can book using the code '**SILENTLIGHTCH53**'.

Follow this link below to the page <http://www.edinburghschristmas.com/whats-on/silent-light> and then choose the date and time you would like to attend, and then whilst in your basket, click on 'Add promo code'. Once you have entered the promo code the total should read £0. Tickets for Silent Light are available to be received via e-ticket. If you have any problems booking tickets, or have any questions, you can email boxoffice@underbelly.co.uk or call 0131 510 0395 for assistance.

Christmas Shopping!!

Need present ideas???.... our cookbook and creative writing publication 'Inspired Creations' will make great stocking fillers!!... and they are now available at a festive discount price of £5 per cook book and £ 2.50 for Inspired Creations.

Our gorgeous Christmas cards are also available - £3 per pack or 2 packs for £5.

We have a lovely selection of gifts handmade by some of our carers – all items are on display in the main hall so next time you are here, make sure you have a look!

THANK YOU TO OUR FUNDRAISERS AND DONATERS

Thank you for the recent donations from the Nancy Roberts Charitable Trust, Jock and Charlotte Encombe, the British Humane Association, Houseproud and Dorothy Wallace.

***Thank you to everyone who chooses to fundraise and donate to Edinburgh Headway Group.
Your support is invaluable to us and the services we provide.***

EDINBURGH HEADWAY GROUP

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WEB: www.edinburghheadway.org.uk

HOURS: 9.30am – 3.30pm, MON – THURS



CONTACTS

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Ashley McQueen

Brooke Benz

Lucie Cornwell-Lee

Chief Executive Officer

Support Service Manager

Rehabilitation Assistant

Rehabilitation Assistant

ABI Planning Nurse

Finance Officer

Office Administrator

Gym Supervisor

Volunteer Co-ordinator

Carers Project Co-ordinator

YPSC activities assistant

YPSC activities assistant

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Please check the noticeboards for more activities & events.

Monday	Tuesday	Wednesday	Thursday
3rd Gym Comp Therapy Cooking Group Lunchtime Quiz Tai Chi Music Group Cognitive Games	4th Gym & Zumba Therapeutic Art Group Reflexology Creative Writing Group Musical Bingo	5th Gym Arts and Crafts Group Ball Game Cooking Group Lunchtime Music Quiz Jewellery Making Calligraphy	6th Gym Gentle Exercise Bingo Therapeutic Art Cognitive Games Lunchtime Quiz Tai Chi Study Group Christmas Lunch at Southsider
10th Gym Comp Therapy Cooking Group Lunchtime Quiz Cognitive Games	11th Gym & Zumba Therapeutic Art Group Reflexology Creative Writing Group Musical Bingo	12th Gym Arts and Crafts Group Ball Game Lunchtime Music Quiz Jewellery Making Calligraphy	13th AGM Christmas Party
17th Gym Comp Therapy Cooking Group Lunchtime Quiz Music Group Cognitive Games	18th Gym & Zumba Therapeutic Art Group Reflexology Creative Writing Group Musical Bingo Trip to the Panto	19th Gym Arts and Crafts Group Ball Game Cooking Group Lunchtime Music Quiz Jewellery Making Calligraphy	20th Gym Gentle Exercise Bingo Therapeutic Art Cognitive Games Lunchtime Quiz Study Group LAST DAY OF SERVICE Service will re-open on Monday 7 th January 2019

